

# PREP SCHOOL - WEEK 1

## MONDAY

Meatball Monday: Chilli con carne meatballs with nacho chips, guacamole & sour cream

Summer vegetable tostada 

Rice, broccoli & mixed vegetables

Pasta bar: tomato & basil sauce

Cherry crumble with custard

## TUESDAY

Salmon, courgette & potato gratin

Mac 'n' cheese with a selection of toppings 

Green beans & sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Rainbow cake and custard

## WEDNESDAY

Honey-roast gammon, honey & apple chutney

Baked ratatouille with goats cheese crumb 

Roast new potatoes, sautéed cabbage & carrots

Pasta bar: tomato & basil sauce

Raspberry & white chocolate muffin

## THURSDAY

Around the world in curry days: Chicken katsu curry with vegetable pickles

Udon vegetable noodle bowl 

Jasmine rice, stir-fried mixed vegetables

Baked potatoes & baked sweet potatoes with a selection of fillings

Key lime pie

## FRIDAY

Chip shop Friday: Battered cod fillet, fish fingers and tartare sauce

Summer vegetable quiche 

Skin on fries, garden peas, baked beans

Assorted paninis

Ice cream and mini doughnuts



PUPIL FAVOURITE: CHICKEN KATSU CURRY



Every day: Salad bar, fresh fruit, yogurt, bread, and ready-made wraps/sandwiches.  
Do not miss our soup, made daily using surplus vegetables that may otherwise go to waste.