



# SENIOR SCHOOL

## Week 1

Head's  
favourite

### MONDAY

Pork & apple sausages, red onion  
gravy

Summer vegetable pasta bake 

Crushed new potatoes, braised red  
cabbage, peas & carrots


Baked potatoes & baked sweet  
potatoes with a selection of fillings

Iced rainbow cake

Pupil  
favourite

### TUESDAY

Lamb kofta, flatbread, minted yogurt  
& tomato & chilli relish

Loaded vegetable pitta bread with  
salad & hummus 

Potato wedges, Persian salad,  
sweetcorn & peppers

Pasta bar: tomato & basil sauce

Rice pudding with summer compote &  
toppings

### WEDNESDAY

Roast beef, thick beef gravy

Mushroom bourguignon pithivier 

Yorkshire pudding, roasted new  
potatoes, sautéed spring greens &  
chunky carrots

Baked potatoes & baked sweet  
potatoes with a selection of fillings

Cherry & coconut muffin

### THURSDAY

'Around the world in curry days':  
Chicken tikka biryani with minted  
yogurt

Vegetable tikka with cauliflower rice  
& minted yogurt 


Red onion, tomato, carrot &  
cucumber salad with lemon,  
aubergine, pickle, mint yogurt,  
sautéed green vegetable

Pasta bar: tomato & basil sauce

Apple crumble & custard

### FRIDAY

'Chip shop Friday': Battered fish  
fillet

Cherry tomato & mozzarella tart 

Chunky chips, baked beans, garden  
peas, pickled onions, tartare sauce

Bratwurst dogs in brioche bun with  
crispy onions & relish

Ice cream & mini doughnut

**Fresh fruit, yoghurts, salad bar, bread basket,  
selection of ready-made sandwiches & wraps  
available daily**







# SENIOR SCHOOL

## Week 2

Pupil  
favourite

### MONDAY

'Meatball Monday':  
Beef meatballs with spaghetti & tomato & basil sauce

Cheese & asparagus puff

Spaghetti, new potatoes, summer mixed vegetables

Baked potatoes & baked sweet potatoes with a selection of fillings

Pineapple & coconut crumble with custard

### THURSDAY

Quiche lorraine & quiche selection

Mac 'n' cheese with a vegetable crisp topping

Croquette potatoes, sautéed mixed vegetables, green beans

Pasta bar: tomato & basil sauce

Farringtons fabulous fruity cheesecake

### TUESDAY

Piri piri chicken drumsticks with rainbow slaw

Caribbean vegetable curry

Nando-style macho peas, spiced rice, broccoli

Pasta bar: tomato & basil sauce

Chocolate flapjack

### FRIDAY

Chicken fajitas with sour cream, guacamole & salsa

Halloumi traybake, roasted vegetables & new potatoes

Wedges (sweet & regular), iceberg & lemon salad & sweetcorn

Giant vegetable samosa with sweet chilli sauce or minted yogurt

Pancakes with toppings and sauces

### WEDNESDAY

Summer roast gammon with apricot chutney

Creamy chestnut mushroom risotto

Steamed potatoes, chunky carrots, sautéed cabbage

Baked potatoes & baked sweet potatoes with a selection of fillings

Raspberry & white chocolate muffin

Fresh fruit, yoghurts, salad bar, bread basket,  
selection of ready-made sandwiches & wraps  
available daily







# SENIOR SCHOOL

## Week 3



### MONDAY

Lincolnshire sausage summer traybake with peppers & onions

Plant-based vegan kofta, Persian salad & pitta v

Mash, green beans with toasted breadcrumbs, cauliflower

Baked potatoes & baked sweet potatoes with a selection of fillings

Cherry crumble with custard

### THURSDAY

Thai green chicken & vegetable curry

Nut free tofu & vegetable satay v

Vegetable pad Thai noodles, Thai crackers, stir-fried sugar snaps, pak choi & baby corn

Pasta bar: tomato & basil sauce

Banoffee pie

### TUESDAY

Theme day Tuesday

Menu to follow on the website. Look out for our exciting, themed menus coming up every third Tuesday

Pasta bar: tomato & basil sauce

Theme day Tuesday dessert

### FRIDAY

'Burger shack':  
BBQ chicken burgers

Plant based burger with vegan smoked applewood cheese v

Chips, creamy coleslaw, garden peas, burger sauce, sweet chilli sauce

Beef burger with cheese

Oreo chocolate mouse

### WEDNESDAY

Roast turkey with roasted vegetables & grapes

Creamy gnocchi with spinach & squash v

Roast new potatoes, roasted mixed vegetables, petit pois

Baked potatoes & baked sweet potatoes with a selection of fillings

Lemon muffin

**Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily**







# SENIOR SCHOOL

## Week 4

### MONDAY

Mexican-style chicken meatball chilli con carne

Vegetable, lentil & bean chilli 


Steamed rice, cauliflower, whole green beans

Pasta bar: tomato & basil sauce

Chocolate jaffa cake sponge with custard

### TUESDAY

Pork & beef lasagne

Summer vegetable lasagne with peppers, aubergine & courgettes 


Garlic bread, mixed green garden salad, tomato & basil salad, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Key lime pie

### WEDNESDAY

Roast chicken leg with thick chicken gravy

Spinach & ricotta cannelloni 


Yorkshire pudding, roast potatoes, carrots, broccoli

Pasta bar: tomato & basil sauce

Blueberry muffin

### THURSDAY

Caribbean fish risotto, Caribbean salad with honey & lime

Chinese vegetable rice bowl 

Sautéed green vegetables, fried plantain

Baked potatoes & baked sweet potatoes with a selection of fillings


Chocolate brownie



**Pupil favourite**

### FRIDAY

Southern fried chicken with lemon mayonnaise

Tomato, pepper & feta frittata 

Skinny fries, baked beans, garden peas, creamy coleslaw

Panini selection

Icy lolly

**Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily**

