



# SENIOR SCHOOL

## Week 1



### MONDAY

'Meatball Monday'  
Moroccan beef meatballs

Pesto pasta with roasted butternut & parmesan v

Herb cous cous, broccoli, baton carrots

Pasta bar: tomato & basil sauce

Apple & raspberry crumble with custard

### THURSDAY

'Around the world in curry days':  
Balinese chicken curry, tomato chutney, naan bread

Vegetable tagine v

Basmati rice, cauliflower and sweetcorn

Pasta bar: tomato & basil sauce

Lemon drizzle cake

### TUESDAY

Chicken lasagne, garlic bread

Vegetable moussaka v

Cauliflower, mixed vegetables & mixed green salad

Baked potatoes & baked sweet potatoes with a selection of fillings

Creamy rice pudding with mandarins

### FRIDAY

Classic fish finger sandwich on malted bloomer bread or fish goujons

Black bean Mexican casserole, tortilla chips v

Chunky chips, tartare sauce, peas, baked beans

French dogs – pork sausage in French bread

Fruit trifle or fruit jelly

### WEDNESDAY

Gammon steak, apple 'cider' sauce & apple chutney

Harvest traybake with roast vegetables, halloumi & sunflower seeds v

Colcannon mash, carrots, green beans

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate chip muffin

Bursar favourite

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily



Homemade soup available every day, made from perfectly good surplus vegetables & ingredients that might otherwise go to waste





# SENIOR SCHOOL

## Week 2



### MONDAY

‘Winter warmers’  
Sausage casserole

Vegetarian bangers on smashed  
vegetable bake v

Mash, carrots, peas

Baked potatoes & baked sweet  
potatoes with a selection of fillings

Orange drizzle cake with custard

### THURSDAY

‘Winter warmers’  
Farringtons recipe cottage pie

Creamy mushroom, leek &  
butterbean pie v

New potatoes, kale, country  
vegetable mix

Pasta bar: tomato & basil sauce

Rocky road cake

### TUESDAY

Teriyaki salmon with egg noodles

Sticky honey-glazed roots with goats  
cheese v

Mixed leaf salad, whole green beans,  
sweetcorn

Pasta bar with beef bolognese and  
tomato & basil sauce

Eccles cake tart

### FRIDAY

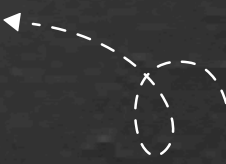
Fajita Friday with chicken

Halloumi & fajita-spiced vegetable  
wrap v

Skin-on fries, peas, corn cobs,  
coleslaw

Plant-based meatball marinara sub

Doughnut day



**Pupil  
favourite**

### WEDNESDAY

Chicken arrabbiata pasta, garlic  
bread

Stuffed butternut squash v

Chunky carrots, sautéed cabbage

Baked jacket & sweet potatoes

Double chocolate muffin



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# SENIOR SCHOOL

## Week 3

### MONDAY

'Meatball Monday'  
Teriyaki pork meatballs

Vegetable & wild rice tabbouleh 

Egg noodles, stir-fried vegetables, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Apricot & oat crumble & custard

### TUESDAY

Theme day Tuesday


Menu to follow on the website. Look out for our exciting, themed menus coming up every third Tuesday

Pasta bar: tomato & basil sauce

Theme day Tuesday dessert

### WEDNESDAY

Italian-style turkey steak with herb jus

Tomato, chilli & garlic linguine 


New potatoes, broccoli florets, baby carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Crepes & sauces

### THURSDAY

'Around the world in curry days':  
Sri Lankan beef curry, coriander relish

Vegetable roti wrap minted cucumber yoghurt 

Steamed rice, Indian-spiced greens, cauliflower

Pasta bar: tomato & basil sauce

Poached apples & pears & custard or cream

### FRIDAY

Chip Shop Friday!  
Battered fillet of pollock

Winter vegetable hot pot 

Skin-on fries, curry sauce, pickled onions, tartare sauce, mushy peas, baked beans

Margarita pizza slice

Chocolate krispie cake

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily



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# SENIOR SCHOOL

## Week 4



### MONDAY

Rigatoni pork & beef bolognaise

Vegetable cobbler v

Herb cous cous, green beans, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate sponge, chocolate sauce

### THURSDAY

Crispy pork steak, sticky hoisin glaze

Thai vegetable curry v

Noodles, stir-fried vegetables, cabbage

Pasta bar: tomato & basil sauce

Gypsy tart

### TUESDAY

Glen's jerk chicken roti wrap

Sweet & sour vegetable rice bowl v

Rice & peas, plantain, Jamaican steamed cabbage

Pasta bar: tomato & basil sauce

Doughnuts & Pastel de Nata (Portuguese tart)

### FRIDAY

Cottage pie

Vegan cottage pie v

Baked beans & peas

Baked jacket potatoes

Chocolate mousse pots

### WEDNESDAY

Rigatoni pork & beef bolognaise

Roast beetroot, root vegetable & feta tart v

Baked potatoes & baked sweet potatoes with a selection of fillings

Raspberry & blueberry cheesecake

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily



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