

# SENIOR SCHOOL Week 1

### MONDAY

'Meatball Monday'
Moroccan beef meatballs

Pesto pasta with roasted butternut & parmesan

Herb cous cous, broccoli, baton carrots

Pasta bar: tomato & basil sauce

Apple & raspberry crumble with custard

### **THURSDAY**

'Around the world in curry days': Balinese chicken curry, tomato chutney, naan bread

Vegetable tagine v

Basmati rice, cauliflower and sweetcorn

Pasta bar: tomato & basil sauce

Lemon drizzle cake

### **TUESDAY**

Chicken lasagne, garlic bread

Vegetable moussaka v

Cauliflower, mixed vegetables & mixed green salad

Baked potatoes & baked sweet potatoes with a selection of fillings

Creamy rice pudding with mandarins

### **FRIDAY**

Classic fish finger sandwich on malted bloomer bread or fish goujons

Black bean Mexican casserole, tortilla chips

Chunky chips, tartare sauce, peas, baked beans

French dogs - pork sausage in French bread

Fruit trifle or fruit jelly

### WEDNESDAY

Gammon steak, apple 'cider' sauce & apple chutney

Harvest traybake with roast vegetables, halloumi & sunflower seeds

Colcannon mash, carrots, green beans

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate chip muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily



**Bursar** 

favourite



# SENIOR SCHOOL Week 2

### MONDAY

'Winter warmers' Sausage casserole

Vegetarian bangers on smashed vegetable bake

Mash, carrots, peas

Baked potatoes & baked sweet potatoes with a selection of fillings

Orange drizzle cake with custard

### THURSDAY

'Winter warmers' Farringtons recipe cottage pie

Creamy mushroom, leek & butterbean pie

New potatoes, kale, country vegetable mix

Pasta bar: tomato & basil sauce

Rocky road cake

### **TUESDAY**

Salmon & broccoli pasta bake

Sticky honey-glazed roots with goats cheese v

Mixed leaf salad, whole green beans, sweetcorn

Baked potatoes & baked sweet potatoes with beef bolognaise

Gypsy tart

### FRIDAY

Fajita Friday with chicken

Halloumi & fajita-spiced vegetable wrap v

Skin-on fries, peas, corn cobs, coleslaw

Plant-based meatball marinara sub

Doughnut day



**Pupil** favourite

## WEDNESDAY

Roast chicken leg with preserved lemons

Stuffed butternut squash v



Thyme & sumac roast potato wedges, chunky carrots, sautéed cabbage

Pasta bar: tomato & basil sauce

Blueberry & white chocolate chip muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily





# SENIOR SCHOOL (Neep 3

### MONDAY

'Meatball Monday' Teriyaki pork meatballs

Vegetable & wild rice tabbouleh v

Egg noodles, stir-fried vegetables, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Apricot & oat crumble & custard

### **THURSDAY**

'Around the world in curry days': Sri Lankan beef curry, coriander relish

Vegetable roti wrap minted cucumber yoghurt \_\_\_\_

Steamed rice, Indian-spiced greens, cauliflower

Pasta bar: tomato & basil sauce

Poached apples & pears & custard or cream

### TUESDAY

Theme day Tuesday

Menu to follow on the website. Look out for our exciting, themed menus coming up every third Tuesday

Pasta bar: tomato & basil sauce

Theme day Tuesday dessert

### **FRIDAY**

Chip Shop Friday! Battered fillet of pollock

Winter vegetable hot pot V



Skin-on fries, curry sauce, pickled onions, tartare sauce, mushy peas, baked beans

Margarita pizza slice

Chocolate krispie cake

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily

## WEDNESDAY

Italian-style turkey steak with herb jus

Tomato, chilli & garlic linguine



Croquette potatoes, broccoli florets, baby carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Crepes & sauces





# SENIOR SCHOOL Week 4

### MONDAY

Rigatoni pork & beef bolognaise

Vegetable cobbler V



Herb cous cous, green beans, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate sponge, chocolate sauce

### THURSDAY

Crispy pork steak, sticky hoisin glaze

Thai vegetable curry 🔻



Noodles, stir-fried vegetables, cabbage

Pasta bar: tomato & basil sauce

Ginger sponge, orange sauce

### **TUESDAY**

Glen's jerk chicken roti wrap

Sweet & sour vegetable rice bowl V



Rice & peas, plantain, Jamaican steamed cabbage

Pasta bar: tomato & basil sauce

Eccles tart

### **FRIDAY**

SFC!

Southern fried chicken, lemon mayo

Vegetable yorkshire wraps v



Skin-on fries, baked beans & peas sauces

available daily

Homemade sausage rolls

Chocolate mousse pots

WEDNESDAY Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps Slow-roast beef brisket, rich beefy

Roast beetroot, root vegetable & feta



gravy

Roast potatoes, yorkshires, roast parsnips, peas & carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Vanilla muffin

