



PREP SCHOOL

Week 1

MONDAY

Pork & apple sausages, red onion gravy

Summer vegetable pasta bake 

Crushed new potatoes, braised red cabbage, peas & carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Iced rainbow cake

TUESDAY

Lamb kofta, flatbread, minted yogurt & tomato & chilli relish

Loaded vegetable pitta bread with salad & hummus 

Potato wedges, Persian salad, sweetcorn & peppers

Pasta bar: tomato & basil sauce

Rice pudding with summer compote & toppings

WEDNESDAY

Roast beef, thick beef gravy

Mushroom bourguignon pithivier 

Yorkshire pudding, roasted new potatoes, sautéed spring greens & chunky carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Cherry & coconut muffin

THURSDAY

'Around the world in curry days': Chicken tikka biryani with minted yogurt

Vegetable tikka with cauliflower rice & minted yogurt 

Red onion, tomato, carrot & cucumber salad with lemon, aubergine, pickle, mint yogurt, sautéed green vegetable

Pasta bar: tomato & basil sauce

Apple crumble & custard

FRIDAY

'Chip shop Friday': Battered fish fillet

Cherry tomato & mozzarella tart 

Chunky chips, baked beans, garden peas, pickled onions, tartare sauce

Bratwurst dogs in brioche bun with crispy onions & relish

Ice cream & mini doughnut

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily

Pupil favourite





PREP SCHOOL

Week 2

Pupil
favourite

MONDAY

'Meatball Monday':
Beef meatballs with spaghetti & tomato & basil sauce

Cheese & asparagus puff 

Spaghetti, new potatoes, summer mixed vegetables

Baked potatoes & baked sweet potatoes with a selection of fillings

Pineapple & coconut crumble with custard

THURSDAY

Quiche lorraine & quiche selection

Mac 'n' cheese with a vegetable crisp topping 

Croquette potatoes, sautéed mixed vegetables, green beans

Pasta bar: tomato & basil sauce

Farringtons fabulous fruity cheesecake

TUESDAY

BBQ chicken thigh with rainbow slaw & steamed rice

Caribbean vegetable curry 

Nando-style macho peas, spiced rice, broccoli

Pasta bar: tomato & basil sauce

Chocolate flapjack

FRIDAY

Chicken fajitas with sour cream, guacamole & salsa

Halloumi traybake, roasted vegetables & new potatoes 

Wedges (sweet & regular), iceberg & lemon salad & sweetcorn

Giant vegetable samosa with sweet chilli sauce or minted yogurt

Pancakes with toppings and sauces

WEDNESDAY

Summer roast gammon with apricot chutney

Creamy chestnut mushroom risotto 

Steamed potatoes, chunky carrots, sautéed cabbage

Baked potatoes & baked sweet potatoes with a selection of fillings

Raspberry & white chocolate muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily





PREP SCHOOL

Week 3

MONDAY

Lincolnshire sausage summer traybake with peppers & onions

Plant-based vegan kofta, Persian salad & pitta v

Mash, green beans with toasted breadcrumbs, cauliflower

Baked potatoes & baked sweet potatoes with a selection of fillings

Cherry crumble with custard

THURSDAY

Chicken korma with steamed rice

Nut free tofu & vegetable satay v

Vegetable pad Thai noodles, Thai crackers, stir-fried sugar snaps, pak choi & baby corn

Pasta bar: tomato & basil sauce

Banoffee pie

TUESDAY

Theme day Tuesday

Menu to follow on the website. Look out for our exciting, themed menus coming up every third Tuesday

Pasta bar: tomato & basil sauce

Theme day Tuesday dessert

FRIDAY

'BBQ shack':
BBQ chicken burgers

Plant based burger with vegan smoked applewood cheese v

Chips, creamy coleslaw, garden peas, burger sauce, sweet chilli sauce

Beef burger with cheese

Oreo chocolate moose

Pupil favourite

WEDNESDAY

Roast turkey with roasted vegetables & grapes

Creamy gnocchi with spinach & squash v

Roast new potatoes, roasted mixed vegetables, petit pois

Baked potatoes & baked sweet potatoes with a selection of fillings

Lemon muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily





PREP SCHOOL

Week 4

MONDAY

Mexican-style chicken meatball chilli con carne

Vegetable, lentil & bean chilli v

Steamed rice, cauliflower, whole green beans

Pasta bar: tomato & basil sauce

Chocolate jaffa cake sponge with custard

TUESDAY

Pork & beef lasagne

Summer vegetable lasagne with peppers, aubergine & courgettes v

Garlic bread, mixed green garden salad, tomato & basil salad, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Key lime pie

WEDNESDAY

Roast chicken leg with thick chicken gravy

Spinach & ricotta cannelloni v

Yorkshire pudding, roast potatoes, carrots, broccoli

Pasta bar: tomato & basil sauce

Blueberry muffin

THURSDAY

Caribbean fish risotto, Caribbean salad with honey & lime

Chinese vegetable rice bowl v

Sautéed green vegetables, fried plantain

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate brownie

FRIDAY

Chicken nuggets

Tomato, pepper & feta frittata v

Skinny fries, baked beans, garden peas, creamy coleslaw

Panini selection

Icy lolly

Pupil favourite

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily

