

SENIOR SCHOOL Week 1

MONDAY

'Meatball Monday'
Moroccan beef meatballs

Pesto pasta with roasted butternut & parmesan

Herb cous cous, broccoli, baton carrots

Pasta bar: tomato & basil sauce

Apple & raspberry crumble with custard

THURSDAY

'Around the world in curry days': Balinese chicken curry, tomato chutney, naan bread

Harissa vegetable pilaff, cucumber raita

Basmati rice, cauliflower and sweetcorn

Pasta bar: tomato & basil sauce

Lemon drizzle cake

TUESDAY

Chicken lasagne, garlic bread

Vegetable moussaka v

Cauliflower, mixed vegetables & mixed green salad

Baked potatoes & baked sweet potatoes with a selection of fillings

Creamy rice pudding with mandarins

FRIDAY

Classic fish finger sandwich on malted bloomer bread or fish goujons

Black bean Mexican casserole, tortilla chips

Chunky chips, tartare sauce, peas, baked beans

French dogs - pork sausage in French bread

Fruit trifle or fruit jelly

WEDNESDAY

Gammon steak, apple 'cider' sauce & apple chutney

Harvest traybake with roast vegetables, halloumi & sunflower seeds

Colcannon mash, carrots, green beans

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate chip muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily



Bursar

favourite



SENIOR SCHOOL Week 2

MONDAY

'Winter warmers' Sausage casserole

Vegetarian bangers on smashed vegetable bake

Mash, carrots, peas

Baked potatoes & baked sweet potatoes with a selection of fillings

Orange drizzle cake with custard

THURSDAY

'Winter warmers' Farringtons recipe cottage pie

Creamy mushroom, leek & butterbean pie

New potatoes, kale, country vegetable mix

Pasta bar: tomato & basil sauce

Rocky road cake

TUESDAY

Salmon & broccoli pasta bake

Sticky honey-glazed roots with goats cheese v

Mixed leaf salad, whole green beans, sweetcorn

Baked potatoes & baked sweet potatoes with beef bolognaise

Gypsy tart

FRIDAY

Fajita Friday with chicken

Halloumi & fajita-spiced vegetable wrap v

Skin-on fries, peas, corn cobs, coleslaw

Plant-based meatball marinara sub

Doughnut day



Pupil favourite

WEDNESDAY

Roast chicken leg with preserved lemons

Stuffed butternut squash v



Thyme & sumac roast potato wedges, chunky carrots, sautéed cabbage

Pasta bar: tomato & basil sauce

Blueberry & white chocolate chip muffin

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily





SENIOR SCHOOL (Neep 3

MONDAY

'Meatball Monday' Teriyaki pork meatballs

Vegetable & wild rice tabbouleh v

Egg noodles, stir-fried vegetables, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Apricot & oat crumble & custard

THURSDAY

'Around the world in curry days': Sri Lankan beef curry, coriander relish

Vegetable roti wrap minted cucumber yoghurt ____

Steamed rice, Indian-spiced greens, cauliflower

Pasta bar: tomato & basil sauce

Poached apples & pears & custard or cream

TUESDAY

Theme day Tuesday

Menu to follow on the website. Look out for our exciting, themed menus coming up every third Tuesday

Pasta bar: tomato & basil sauce

Theme day Tuesday dessert

FRIDAY

Chip Shop Friday! Battered fillet of pollock

Winter vegetable hot pot V



Skin-on fries, curry sauce, pickled onions, tartare sauce, mushy peas, baked beans

Margarita pizza slice

Chocolate krispie cake

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily

WEDNESDAY

Italian-style turkey steak with herb jus

Tomato, chilli & garlic linguine



Croquette potatoes, broccoli florets, baby carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Crepes & sauces





SENIOR SCHOOL Week 4

MONDAY

Rigatoni pork & beef bolognaise

Vegetable cobbler V



Herb cous cous, green beans, sweetcorn

Baked potatoes & baked sweet potatoes with a selection of fillings

Chocolate sponge, chocolate sauce

THURSDAY

Crispy pork steak, sticky hoisin glaze

Vegetable yorkshire wraps v



Noodles, stir-fried vegetables, cabbage

Pasta bar: tomato & basil sauce

Ginger sponge, orange sauce

TUESDAY

Glen's jerk chicken roti wrap

Sweet & sour vegetable rice bowl V



Rice & peas, plantain, Jamaican steamed cabbage

Pasta bar: tomato & basil sauce

Eccles tart

FRIDAY

SFC!

Southern fried chicken, lemon mayo

Thai vegetable curry v



Skin-on fries, baked beans & peas sauces

Homemade sausage rolls

Chocolate mousse pots

Fresh fruit, yoghurts, salad bar, bread basket, selection of ready-made sandwiches & wraps available daily

WEDNESDAY

Slow-roast beef brisket, rich beefy gravy

Roast beetroot, root vegetable & feta

Roast potatoes, yorkshires, roast parsnips, peas & carrots

Baked potatoes & baked sweet potatoes with a selection of fillings

Vanilla muffin

