







WEEK 1

#### MONDAY

Spaghetti bolognaise

Vegetable bolognaise with lentils (V)

Spaghetti, garlic bread, rocket & parmesan salad

Tiramisu pots

#### TUFSDAY

Korean chicken rice bowl

Stir-fried vegetable rice bowl (V)

Steamed rice, bak choi, kimchi

Chocolate trifle pots

### WFDNFSDAY

Seafood fried rice

Vegetable fried rice (V)

Char-grilled broccoli, tomato & Cheesy mash, dill sauce, sautéed onion salad

Cookie selection

#### THURSDAY

Polish pork escalope

Sauerkraut fritters (V)

cabbage

Fresh fruit salad & cream

## FRIDAY

Friday pizza night

Selection of home-made pizza

Oven baked potato wedges, sour cream & chive dip, blackened corn sobs, red cabbage slaw

Ice cream pots with sauces & sprinkles

## SATURDAY

Continental breakfast

Dinner - Saturday night takeaway

Homemade sweet treat / traybake

## SUNDAY

Sunday brunch

Dinner: Tuscan chicken tagliatelle or creamy Tuscan vegetables with tagliatelle (V)

Sautéed broccoli & sugar snaps

Fruit cheesecake pots









WEEK 2

#### MONDAY

Korean fried chicken burgers

Korean tempeh burger (V)

Sweet potato fries, Asian slaw, sweetcorn fritters

Banoffee pie pots

## TUESDAY

Okonomiyaki (Japanese savoury pancake) with prawns & bacon

Vegetable gyoza (V)

Miso soup cup

Steamed edamame beans with chilli flakes & sea salt

Chocolate fudge cake

#### WEDNESDAY

Beef chilli con carne

Vegetable chilli (V)

Rice, tortilla chips, sour cream, guacamole & salsa

Summer fruit meringue pots with cream

#### THURSDAY

Tikka chicken wings with potato marsala dosa

Vegetable fried rice with paneer cheese (V)

Tomato, onion & coriander aslad, minted yogurt & chutneys

Indian fruit custard pot

#### FRIDAY

Chicken paella

Vegetable paella (V)

Padron peppers

Spanish magdalenas with sweet orange cream

#### SATURDAY

Continental breakfast

Dinner - Saturday night takeaway

Homemade sweet treat / traybake

## SUNDAY

Sunday brunch

Dinner - 'Wrap up the weekend' Selection of wraps to include: crispy Caribbean chicken, salt & pepper crispy pork

Caribbean slaw, Asian slaw, fries, salad

Chef's choice









WEEK 3

### MONDAY

Chicken katsu curry

Butternut squash katsu curry (V)

Jasmine rice, stir-fried greens

Fruit cheesecake pot

#### TUFSDAY

Chipolata Yorkshire pudding wraps

Roasted vegetables, Yorkshire pudding wrap (V)

Sautéed potatoes, onion relish, roasted vegetables

Strawberries & cream

### WEDNESDAY

BBQ chicken wings

BBQ vegetable skewers (V)

Paprika potato wedges, sour cream dip, garden salad

Mini lemon meringue pie

### THURSDAY

Crispy aromatic hoisin lamb with spring onion & cucumber

Hoisin vegetable wrap (V)

Chinese or lettue wraps, Asian chopped salad, vegetable spring rolls & sweet chilli dip

Banana fritters & cream

#### FRIDAY

Taco Friday with crispy pork

Selection of soft & crispy tacos, Homemade sweet treat / pickled cabbage & carrots, yogurt dressing, sweet chilli sauce

Fruit sushi - frushi!

#### SATURDAY

Continental breakfast

Crispy vegetables (V) Dinner - Saturday night takeaway

traybake

#### SUNDAY

Sunday brunch

Dinner - piri piri roast chicken or piri-piri quorn

Piri-spiced baby roast potatoes, Portuguese tomato salad, macho peas, mini charred corn cobs, piri mayonnaise

Pastel de nata









WEEK 4

#### MONDAY

Loaded jazzed-up jackets. Twice baked with a selection of fillings  $(\vee)$ 

Garden salad

Chocolate mouse

#### TUESDAY

Jerk chicken legs

lerk-spiced vegetables (V)

Rice & peas, fried plantain, black bean & pineapple salsa

Pineapple & coconut crumble & custard

#### WEDNESDAY

BBQ puled pork crusty baguette

BBQ pulled jack fruit crusty baguette (V)

Homemade potato wedges, coleslaw, corn cobs

Farringtons mess

#### THURSDAY

Chicken shawarma kebab

Vegetable & halloumi kebab (V)

Flatbreads, tzatziki, shredded iceberg lettuce with lemon dressing

Mini doughnut selection

#### FRIDAY

Beef enchiladas

Mexican rice, Mexican coleslaw

Blueberry muffin

#### SATURDAY

Continental breakfast

Vegetable enchiladas (V) Dinner - Saturday night takeaway

Homemade sweet treat / traybake

#### SUNDAY

Sunday brunch

Dinner - boarders BBO

Selection of burgers & hot dogs

Ice cream parlour