### 12.45pm to 1.00pm

Year 7/8 Lunch Year 9/10 Hurdles Timed Finals

1.00pm to 1.30pm Lunch Parents House Activities

1.30pm to 1.45pm Year 9/10 Hurdles Timed Final

### 1.45pm to 2.00pm

Year 7/8 Year 9/10

100m Finals 200m Finals 2.00pm to 2.15pm Year 7/8 200m Finals Year 9/10 100m Finals

2.15pm 3.15pm Relays Year 5-8

3.15pm to 3.30pm Presentations

3.30 to 3.50pm Return to school

Students are not to be collected from Queen Mary's. Normal end of school dismissal.



Spectators are welcome at our Sports Day and are encouraged to move around to different events to support pupils.

At the end of the day all pupils are expected to return to their Form rooms in School to be registered and dismissed.

Toilets: Separate toilets are provided for students and adults. These are located in the Club House, please follow directions.



FARRINGTONS SCHOOL



# Tuesday 20th June 2023

## At Queen Mary University Sports Ground

Programme of Events

9.00am — 3.15pm Track & Field Events

> 1.00-1.30pm Lunch

3.15pm Presentations

3.30pm Back to School & Registration

### **Athletics Records**

						-
Event	Winner – Boys	Year	Time	Winner – Girls	Year	Time
Year 7 Hurdles	A Hansen	2014	16.95	A Woko	1993	13.03
Year 8 Hurdles	Emmanuel Oyebamiji	2015	13.87	S Chick	1993	12.60
Year 9 Hurdles	L Mean	2014	13.89	E Clark	2009	12.60
Senior Hurdles	A Wiltshire	2014	15.80	J Koloko	1988	13.40
Year 7 100m	B Woodland	2011	14.59	B Thomas	1984	13.70
Year 8 100m	T Ferdinand	2021	12.82	B Sowemimo-Coker	1987	13.20
Year 9 100m	E Kassim	2013	12.50	J Koloko	1987	13.28
Senior 100m	E Kassim	2014	11.57	J Koloko	1988	12.94
Year 7 200m	D Akwuegbu	2014	29.86	C Bolaji	2005	30.51
Year 8 200m	T Ferdinand	2021	27.98	B Sowemimo-Coker	1987	29.30
Year 9 200m	L Ragget	2014	27.81	G Dove-Dixon	1996	26.65
Senior 200m	N Okoto	2015	24.95	J Koloko	1988	27.66
Year 7 300m	M Mackay	2018	51.21	N Dove-Dixon	1996	55.40
Year 8 300m	J Potter	2013	44.41	M Squibb	2016	50.96
Year 9 300m	J Potter	2014	40.70	M Squibb	2017	44.76
Senior 300m	A Wiltshire	2013	38.73	B Clayton	1996	44.88
Year 7 800m	A Whitehead	2018	2m 41	M Squibb	2015	2.44
Year 8 800m	J Potter	2013	2m 29	M Squibb	2016	2.35
Year 9 800m		2013	2m 21	M Squibb	2017	2.22
	A Wiltshire (2013)/ J Potter (2014)	2013	2111 2 1	in oqubb	2017	2.22
Senior 800m	J Potter	2013	2m 33.34	J Terry(1986)/ B Clayton (1996)	1986	2.38
Year 7 Relay	Fisher	2013	1m 04.31	Fisher	1983	60.03
Year 8 Relay	Wilson	2013	57.86	Davies	1985	60.00
Year 9 Relay	Wilson	2013	54.94	Fisher	1985	58.87
Senior Relay	Wilson	2014	52.83	Fisher	1995	58.84
Year 7 Javelin	M Skirda	2015	19m 43	N Dove-Dixon	1996	20m 14
Year 8 Javelin	M Skirda	2013	28m 82	A Matongo	1990	20m 36
Year 9 Javelin	J Cryan	2013	35m 97	N Ratajczak	1989	23m 96
Senior Javelin	J Cryan	2013	40m 44	A Kett	1993	27m 11
Year 7 Discus	T Egwenu–Wright	2018	19m 69	V Thomas	2000	18m 90
Year 8 Discus	R Brett	2021	22m 76	S Ellis	2000	22m 10
Year 9 Discus	M Rebora	2022	21m 75	V Thomas	2002	27m 13
Senior Discus	P Fu	2015	24.46	V Wiltshire	2015	26m 21
Year 7 Shot	D Reynolds	2018	9m 17	Z Burney–Nicols	2014	7m 75
Year 8 Shot	D Shodunke	2013	11m 45	G Ajayi	1988	9m 40
Year 9 Shot	E Kassim	2013	11m 54	V Thomas	2002	9m 95
Senior Shot	C Pratt	2015	11m19	V Wiltshire	2015	9m 30
Year 7 High Jump	M Williams	2015	1m 15	H Beet	2019	1m 30
Year 8 High Jump	D Shodunke	2013	1m 38	J Koloko	1986	1m 39
Year 9 High Jump	L Bradbury	2022	1m 53	L Esqulant	2022	1m 47
Senior High Jump	A Wiltshire	2014	1m 60	T Else	1995	1m 52
Year 7 Long Jump				B Sowemimo-Coker	1986	4m 88
Year 8 Long Jump				S Manfo	1983	5m 10
Year 9 Long Jump				B Thomas	1985	5m 45
Senior Long Jump				B Thomas	1985	5m 60

## **Track and Field Events**

<b>9.00am to 9.15am</b> Year 7 800m Year 8 800m Year 9 800m Year 10 800m	1	
9.15am to 9.45am	1	
Year 7 Boys	300m Timed Final	
Year 7 Girls	House Activities	
Year 8 Boys	Javelin	
Year 8 Girls	High Jump (Final) and Standing Triple Jump	
Year 9 Boys	100m Heats	
Year 9 Girls	Shot Put Final	
Year 10 Boys	200m Heats	
Year 10 Girls	Discus	
9.45am to 10.15a	m	
Year 7 Boys	Discus	
Year 7 Girls	300 Timed Final	
Year 8 Boys	House Activities	
Year 8 Girls	Javelin	
Year 9 Boys	High Jump (Final) and Standing Triple Jump	
Year 9 Girls	100m Heats	
Year 10 Boys	Shot Put Final	
Year 10 Girls	200m Heats	
10.15am to 10.45am		
Year 7 Boys	200m Heats	
Veer 7 Cirle	Discus	

Year 7 Girls Year 8 Boys Year 8 Girls Year 9 Boys Year 9 Girls Year 10 Boys 100m Heats Year 10 Girls Shot Put Final

Discus 300m Timed Final House Activities Javelin High Jump (Final) and Standing Triple Jump

10.45am to 11.15am Year 7 Boys Shot Put Final Year 7 Girls Year 8 Boys

Year 7 Girls	200m Heats
Year 8 Boys	Discus
Year 8 Girls	300m Timed Final
Year 9 Boys	House Activities
Year 9 Girls	Javelin
Year 10 Boys	High Jump (Final) and
	Standing Triple Jump
Year 10 Girls	100m Heats

### 11.15am to 11.45am

Year 7 Boys	100m Heats
Year 7 Girls	Shot Put Final
Year 8 Boys	200m Heats
Year 8 Girls	Discus
Year 9 Boys	300m Timed Final
Year 9 Girls	House Activities
Year 10 Boys	Javelin
Year 10 Girls	High Jump (Final) and
	Standing Triple Jump

### 11.45am to 12.15pm

Year 7 Boys	High Jump (Final) and
	Standing Triple Jump
Year 7 Girls	100m Heats
Year 8 Boys	Shot Put Final
Year 8 Girls	200m Heats
Year 9 Boys	Discus
Year 9 Girls	300m Timed Final
Year 10 Boys	House Activities
Year 10 Girls	Javelin

### 12.15pm to 12.45pm

Year 7 Boys	Javelin
Year 7 Girls	High Jump (Final) and
	Standing Triple Jump
Year 8 Boys	100m Heats
Year 8 Girls	Shot Put Final
Year 9 Boys	200m Heats
Year 9 Girls	Discus Final
Year 10 Boys	300m Timed Final
Year 10 Girls	House Events