



Spring/Summer 2024

Lunch Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Pork & Leek Sausage & Mash with Onion gravy	Baked Chicken Drumsticks with Jollof Rice	Traditional Roast Beef with Yorkshire Pudding & Rich Thick Gravy	Lamb Kofta with Pitta Bread, Minted Yoghurt & Pickled Cabbage	Chip Shop Friday! Breaded Fish Homemade Tartare Sauce, Lemon wedge & Pickled Onion
Vegetarian	Glamorgan Vegetarian Sausage & Mash	Lentil & Vegetable Ragu	Butternut, Spinach & Creamy Cheese Puff	Harissa-roasted Vegetable & Chickpea Pitta	Spanakopita (Spinach & Feta Filo Pie)
On the side...	Mash Sweetcorn Broccoli	Steamed Rice Green Beans Roasted Plantain	Roast Potatoes Carrots Steamed Savoy Cabbage	Potato Wedges Spiced Cauliflower Shirazi Salad	Chips Curry Sauce Baked Beans Garden Peas
Hot Deli Bar	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Bolognese Sauce	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Cheese Sauce	Hot Dog Deli
Grab & Go Counter	Selection of ready-made items, including sandwiches & wraps.				
Homemade Dessert of the Day	Rainbow Cake & Custard	Raspberry Slice	Chocolate Chip Muffin	Blackberry & Apple Crumble & Custard	Ice Cream & a Mini Doughnut
	Freshly made soup, salad bar, breadbasket, fresh fruit, and yoghurts available daily.				



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Lunch Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Teriyaki Salmon with Egg Noodles, Peppers & Spring Onions	Sweet Chilli Chicken Burger with Sour Cream & Pickled Cabbage & Radish Slaw	Roast Leg of Pork Sage & Onion Stuffing Apple Sauce, Sage-infused Gravy	Cottage Pie with Rich Beefy Gravy	SFC! Southern Fried Chicken with Lemon Mayo & Coleslaw
Vegetarian	Creamy Asparagus Pasta	Roast Pepper & Red Onion Quiche	Roast Sweet Potato, Vegetable & Halloumi Tray Bake	Caribbean Butternut Squash, Red Kidney Bean & Rice	Mixed Bean & Roast Vegetable Tacos, Sweet Chilli Mayo
On the side....	Stir-fried Vegetables Broccoli	Potato Wedges Sweetcorn Green Beans	Roast Potatoes Braised Red Cabbage Mixed Vegetables	Sweetcorn Carrots	Chips Baked Beans Garden Peas
Hot deli bar	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Pasta with Spinach, Olives & Red Onions	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Pasta with Mediterranean Vegetables	Panini Hot Deli Bar
Grab & Go Counter	Selection of ready-made items, including sandwiches & wraps.				
Homemade Dessert of the Day	Apricot Crumble & Custard	Fruit Cheesecake	Raspberry & White Chocolate Muffin	Lindy's Chocolate Brownie	Ice Lolly Jelly Fresh Fruit
Freshly made soup, salad bar, breadbasket, fresh fruit, and yoghurts available daily.					



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Lunch Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Chilli Con Carne with Basmati Rice, Tortilla Chips, Salsa & Guacamole	Cajun Pork Steak, Sweetcorn, Pepper & Coriander Salsa	Herby Roast Chicken Leg, Thyme & Chicken Gravy	Lamb & Mint Sausages, Thick Rosemary Gravy	Chip Shop Friday! Battered Fish, Homemade Tartare Sauce, Pickled Onions & Lemon Wedge
Vegetarian	Loaded Sweet Potatoes with Roasted Vegetables & Cheese	Spring Vegetable Quiche	Cheesy Broccoli Pasta Bake	Creamy Baked Gnocchi with Butternut Squash & Spinach	Houmous & Vegetable Wrap
On the side....	Sweetcorn & Peppers Green Beans	Spiced Cauliflower Broccoli	Roast Potatoes Carrots Sauteed Greens	Mash Kale Mixed Vegetables	Chips Curry Sauce Baked Beans Garden Peas
Hot deli bar	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Macaroni Cheese	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Bolognese Sauce	Burger Deli Bar
Grab & Go Counter	Selection of ready-made items, including sandwiches & wraps.				
Homemade Dessert of the Day	Chocolate Fudge Cake with Chocolate Sauce	Cherry Crumble & Custard	Lemon Muffin	Chocolate Chip Flapjack	Ice Cream Tub Or Fruit Jelly
Freshly made soup, salad bar, breadbasket, fresh fruit, and yoghurts available daily.					



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Lunch Menu 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Chicken & Chorizo Jambalaya	Lasagna al Forno	Roast Turkey, Sage & Onion Stuffing, Cranberry Sauce	Pulled Pork Flat Bread, Red Raw Slaw	SFC! Southern Fried Chicken
Vegetarian	Grilled Cauliflower Steak, Tahini Sauce	Vegetable Lasagna	Broccoli Orzo Bake	Pulled Jack Fruit Flatbread with Raw Slaw	Med Veg & Feta Frittata with Balsamic Glaze
On the side....	Homemade Corn Bread Roasted Vegetables	Garlic Bread Green Beans Mixed Leaf salad	Roast Potatoes Carrots & Cauliflower	Potato Wedges Sweetcorn	Fries Barbecue Baked Beans, Baked Beans & Peas
Hot Deli Bar	<u>Pasta Bar</u> Tomato & Basil Sauce Mushroom & Lentil Bolognese	Jacket Potato Bar with a selection of Fillings	Jacket Potato Bar with a Selection of Fillings	<u>Pasta Bar</u> Tomato & Basil Sauce Pesto Pasta with Crumbled Feta	Pizza Bar
Grab & Go Counter	Selection of ready-made items, including sandwiches & wraps.				
Homemade Dessert of the Day	Orange Drizzle Cake, Custard	Eccles Tart	Coconut & Cherry Muffin	Key Lime Pie	Chocolate Krispie Cake
Freshly made soup, salad bar, breadbasket, fresh fruit, and yoghurts available daily.					



FARRINGTONS
SCHOOL

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